the PC Doctor Bulletin Board

**CDoS NEWSLETTER Nov 2026 Edition**

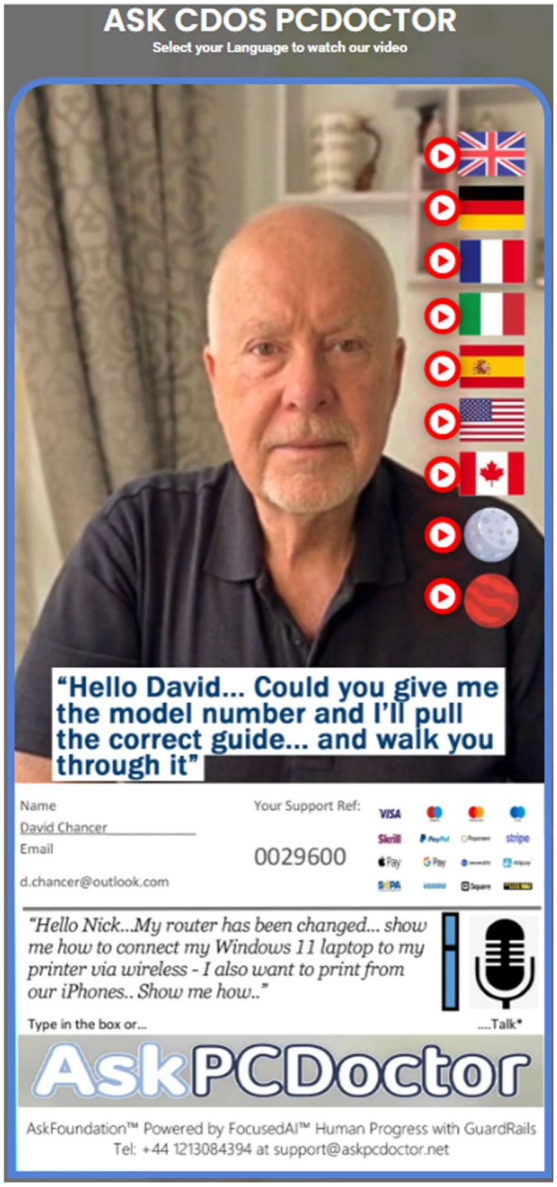
OUR HELFUL SECURITY HINTS AND TIPS THAT ANSWER SOME OUR SUPPORT CONTRACT CLIENT'S QUESTIONS THAT KEEP COMING UP…

# IT for CDoS PCDoctor Support Clients – November 2026 Newsletter

***"Hello everyone!***

*I have been quietly but irrevocably engaged upon one of my most enthralling projects for the last 20 years. I have discovered linguistic and algorithmic programming – instead of sitting writing code I talk to it. Over the last 6 months I have quietly training a version of myself. To explain. Over the last 35 years I have been stubbornly trying to duplicate myself and emulate the high standards of customer service you have all hopefully come to expect – The result is AskPCDoctor® Take a look at the front page of our website which can be reached at [www.cdospcdoctor.co.uk](http://www.cdospcdoctor.co.uk) or [www.askpcdoctor.net](http://www.askpcdoctor.net) and you will see on the left a panel mock-up that explains what I have been trying to do. Essentially a 24 hour a day 7 days a week version of me – Aimed specifically at the over 50's demographic – which loosely means us older folks.*

The idea is that should you need support under your support agreement you now have this additional (not mandatory) route to me when I am occasionally asleep! Ask me a question initially by typing but full duplex talking will follow in later revisions and I will answer. Click the UK Flag on the website to get the gist. The live launch due imminently is just around the corner but as fully paid-up members of our SUPPORT group you get extended use of the service. We are launching it in UK and early next year in France Germany Italy Spain and later on USA and Canada. The Moon (when we get there again and Mars! Click the foreign language flags and wow at my linguistic abilities…



**Now to business!**

**Hacking is rife!** Here is a potted history since June and the basic issues that need to be addressed.
This is what the bad boys of this world have been up to – Basically they have hacked into Banks, Freezers in the local supermarkets of Europe, Cryptobanks, various higher up systems which are above our paygrade.

**How do they do it?** ANSWER. By exploiting known vulnerabilities in routers and researching the default manufacturer passwords for managed switches in network stacks. One of my contracts was a few hours a week spent over 25 years working as a consultant for the Birmingham Roman Catholic Diocese and other companies and I can testify that China, Russia, and anyone else with a grudge against the Catholics were all over our systems. 20 years ago, I realised the damage that they could do and implemented a systematic change of all default passwords. Sometimes the defaults were "Password" highly insecure… This slowly improved from the manufacturers over the years but IT departments were and to some extent are slow on changing the default passwords for all technical equipment. So, this is one way they get in – by no means all. They are clever and the Russians and Chinese are extremely clever including the North Koreans and Iran.

**What we can do to combat the automated BOTs** that roam the internet. They are there and in the "wild" so to speak. Routers, CCTV, Printers, Wi-Fi extenders, Fridges, Freezers, Toasters, coffee makers and any other home device which is web enabled can be hacked into if the little website built into and are "Web Enabled" and as you set them up each have a little website. Those of you who have protected your home with CCTV need to make sure that the setups of the little websites on each camera and the main controller have had its default password changed. These are published and traded on the "DarkWeb" which is roughly aligned to "Seedy Space-Rangers Bar" in the murkiest parts of the meta galaxy commonly known as the internet.

**Actions – I will detail them** – but if you don't know how to do this we are offering a HOME SECURITY CHECK on your doorbells, CCTV, routers, Laptops, Email, in fact a 10-point check list and often insurance companies and banks expect you to do this and it can help you get your lost money back by showing you have done everything possible to protect you DIGITAL ASSETS. Cost £60 we will be with you for a couple of hours – set up your password structures and document. We also guarantee not to remove this information from your home.

1. Logon to all the devices in your home and change the default password in the manual. "GROAN" Not another password *(** see our easy to remember but combat the hacker password tip to make their life hard below at the foot of this article.)*
2. Make your passwords long and hard for the auto "CrackBots" to remember and crack. I will show you how to remember a long and complex password in seconds *(even whist standing on one leg whistling the star spangled banner*

*whilst reading from your favourite sonnet called (I hate Trump because…")* and build a list of 12 character uniquely different passwords that are easy to remember even to those of you who forget more easily but can always remember the that one password whenever asked and use it everywhere as we get older.(** see our great password tip and the end of this article)

3. Windows 10! Windows 11 The days of everyone hating windows 10 have long gone and there is only a few of you left who still list Windows 7 as their "best friend" We won't talk about windows 8 because why cry over spilt milk…
4. Looking at your laptop and thinking – it's getting a little long in the tooth? Well, there is a whole new range of laptops out that at Amazon that are reasonable in price as long as you can stop being wedded to expensive brand names. Yes, we all love our HP's and Lenovo's but when they are 75% higher priced than perfectly good no-names… *Well we have a list of excellent vetted and test "No Name Laptops" so come to us first – we will recommend and then arrange the transfer of your data and provide training on the new Windows 11 (its been out since 2021) most of the bugs have been ironed out and we will provide training*.

**Passwords**

Here it is from years of sitting listening and looking at blank looks as the protest "I never had an email password for my mail account – ever!" ring out. Well, not possible I say – so here is a guaranteed way to remember ANY password and keep them different and complex for those of you who have a thing about writing them down which is what you should be doing – preferably in an a to z address book. "Old School" really is best and unless you are in a 64 person office writing them down in you little black book and being religious about it really is the safest way.

1. Think of that password you do remember. If you can't think of one think of your road name, put your house number after it i.e.. OccasionalRoad11 (yes- use capital letters)
2. Place a # after it
3. Now put the name of the company the password is for i.e. bbc or amz for amazon or sains for Sainsbury or tes for Tesco
4. Now the password will always read OccasionalRoad11#bbc or whatever – obviously using your road name is not recommended but as long as everything after the # sign is different then as the years go by change it and add the year so in 2028 the password could read OccasionalRoad11#bbc2028 (sometimes the password gets too long so abbreviate Road to Rd Avenue to Av

   Having a fixed way of remembering your passwords like this is not the most ideal but its better than not remembering them or NOT writing them down…